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# Safety during loading and unloading

## Procedure

Loading and unloading are among the most important procedures. Safety is paramount during loading and unloading. Rushing creates a major risk and mistakes are easily made. Be aware of the risks and minimise them as far as possible. This helps prevent putting yourself and others in danger. Continually consider what you are doing and whether the way you are working is sensible. The following points must be taken into account during loading and unloading:

- Know the customer's safety requirements and procedures and comply with them at all times;
- Always agree a loading and unloading work plan with the customer;
- Always wear the PPE required by the customer;
- When accessing the top of the trailer or container, wear your harness and lanyard and use the fall-protection system;
- Use all steps and handholds fitted to the container or trailer;
- Keep the soles of your shoes clean to prevent slipping;
- Close the truck windows and doors;
- Know the specific properties of the product. These may be relevant during loading, unloading and any sampling;
- Sampling may only be performed when the customer has provided clear instructions and/or training. Sampling is not permitted for ADR or nitrogen. In principle, sampling is the customer's



responsibility, although in practice the driver is often instructed to take the sample.

- Do not keep the sample in the cab. Store it in a sealed equipment cabinet.
- Store the freight documents in an unsealed location on the load unit: in the tipping box on a silo trailer, in the heating box on a tank trailer, or in the document box on a container.
- Always ensure proper earthing during both loading and unloading.
- Never use an incorrect or damaged hose, as it may come loose or rupture. For Dry Bulk, check the thickness of the customer's hose, as frequent unloading may have worn it thin.

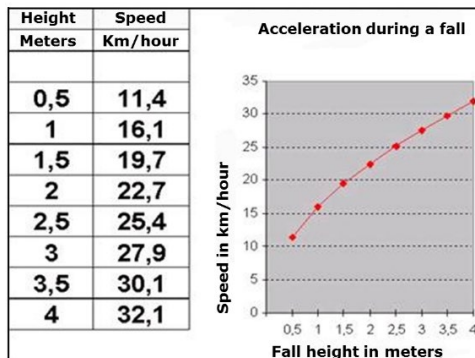
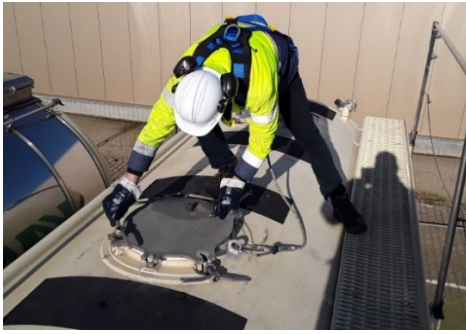
## Working safely at height

What exactly is meant by working at height?

- By law, working at height applies when the height is at least 2.5 metres.
- In transport practice, this does not always apply: some customers consider work above 1.2 metres to be working at height. Make sure you are fully informed about the applicable rules before starting.

Before working at height, apply the following rules to create a safe situation:

- Use a loading/unloading platform if one is available at the customer's premises. These platforms often have full edge protection that eliminates the fall hazard. Always use the platform together with your harness and safety lanyard.
- If a loading/unloading platform is present but has no edge protection, use of the harness is absolutely essential. Also check whether your own guardrail can be used as additional protection.
- Ensure that the inspection date of your harness and lanyard has not expired; the inspection is valid for one year.
- Ensure that the harness is correctly adjusted to your body.
- Where possible, connect your harness to an overhead anchorage point.
- If no loading/unloading platform is available, at minimum use the handrail on the tank or silo. Where possible, combine this with your harness attached to an anchorage point or steel cable on the silo container.
- If there is no loading/unloading platform, no handrail and no possibility of connecting the harness overhead or at foot level, you cannot work safely at height. Contact your planner immediately to discuss the problem.



Always protect your own safety and always wear the harness when working at height. A fall can cause permanent injury.

Work safely or do not work. Good luck!